



# Cathedral of the Epiphany

1000 Douglas St., Sioux City, IA 51105

March 2022

## WHAT CAN YOU DO?



Lent is a busy time in the Church, but a very rewarding time as well. One of those things that bring joy to priests' hearts during Lent is seeing how men and women of all ages journey towards becoming members of the One, Holy, Catholic, and Apostolic Church.

Although their journey usually begins sometime around the fall, it is during Lent that they get to celebrate the

different rituals leading them towards Full Communion, as Fr. Galles explains in this edition of our newsletter.

In our parish this year I decided to make some changes to our RCIA program. Traditionally, as I mentioned earlier, it started sometime in the fall, and followed a weekly class format. Unfortunately that meant that if someone contacted us during the spring wanting to join the Church, we had to tell them to wait till the summer; or if somebody contacted us during the winter, they had to join a group that was already halfway through the material.

This year, though, our catechumens (those who haven't been baptized yet) and our candidates (those baptized outside of the Catholic Church) have been receiving one-on-one instruction from some of our clergy and parishioners in love with their faith. That way it does not matter when they contact us, they can start right away.

But we need more help, we need more sponsors or tutors, as well as someone to coordinate all the volunteers, catechumens, and candidates. If you are in love with your faith and want to share it with others, please contact me. We'll provide you with all the material you need. If you have some free time and are well organized, would you consider helping me coordinate our RCIA program? And if you cannot be a sponsor or tutor, nor are able to help coordinate, you can still do something, and something very important; please pray for all the men and women from our parish who will join the Church this Easter, as well as for those parishioners helping them.

*Very Rev. J. David Esquiliano, JCL*

### ASH WEDNESDAY MASS SCHEDULE

**March 2, 2022**

#### AT THE CATHEDRAL PARISH

7:30am - Cathedral (English)

12pm - Cathedral (English)

12:30pm - St. Joseph (Vietnamese)

4pm - Cathedral (Spanish)

5:30pm - Cathedral (Spanish)

5:30pm - St. Boniface (English)

6pm - St. Joseph (Vietnamese)

7pm - Cathedral (Spanish)

#### AROUND SIOUX CITY (ALL IN ENGLISH)

6:45am - Blessed Sacrament Church (Holy Cross Parish)

8am - Blessed Sacrament Church (Holy Cross Parish)

8am - Nativity Church (Mater Dei Parish)

8:30am - St. Michael School Gym (Holy Cross Parish)

8:45am - Sacred Heart Church (Sacred Heart Parish)

9:30am - Immaculate Conception Church (Mater Dei Parish)

9:30am - Nativity Church (Mater Dei Parish)

12pm - Immaculate Conception Church (Mater Dei Parish)

5pm - Nativity Church (Mater Dei Parish)

6:30pm - Sacred Heart Church (Sacred Heart Parish)

7pm - St. Michael Church (Holy Cross Parish)

*News for the time-starved Catholic!*  
**LumeNotes**  
Official communication of the Diocese of Sioux City.

**Quick read church news!**

*Text Notes to 84576 or go to  
[lumenmedia.org](http://lumenmedia.org) to sign up*



# An Opportunity to Support Our Converts

*Rev. Andrew Galles*



The name of RCIA – Rite of Christian Initiation of Adults – tells us that process of bringing new converts into the Church is not only a matter of instruction on the teachings of the Church, but that it is also a “rite” or a ritual. There are many liturgical rituals that are contained within RCIA – some of them will be celebrated here in the Cathedral Parish during the month of March and April. For instance, we will have the Rite of

Sending on the First Sunday of Lent. This ritual “sends” the catechumens (those not yet baptized) to the Bishop at the Cathedral, preparing them for another ritual – the Rite of Election. The Rite of Election will happen at the Cathedral on Sunday, March 6 at 2 pm and it is a ritual in which Bishop Nickless “elects” the catechumens as being ready to receive the Sacraments of Initiation (Baptism, Confirmation, Eucharist) at the Easter Vigil. After this point, these individuals are no longer called Catechumens, but instead the “Elect.”

Part of the Elect’s important journey towards the Easter Vigil also includes three distinct Sundays during Lent which are called the Scrutinies. These rituals are celebrated on the third, fourth, and fifth Sundays of Lent. These are rites for self-searching and repentance and have, above all, a spiritual purpose. The Scrutinies are meant to uncover and then heal all that is weak, defective, or sinful in the hearts of the Elect and to raise up and strengthen all that is upright, strong, and good. The Scrutinies are celebrated in order to deliver the Elect from the power of sin and Satan, to protect them against

temptation, and to give them strength in Christ. These rites, therefore, should complete the conversion of the Elect and deepen their resolve to hold fast to Christ and to carry out their decision to love God above all.

The Scrutinies are very much based in the celebration of Mass and in the particular readings that are used for Sunday. Even though we are currently in the Year C cycle of readings, the Scrutinies utilize the Year A readings for the third, fourth, and fifth Sundays of Lent. Even if a parish has no Elect, they may still always use these Year A readings on these Sundays. Here in the Cathedral Parish, you will hear the Year A readings at all the Masses for these three Sundays, because even if the Elect are not present at that Mass, it is important that we place ourselves in spiritual solidarity with those who will become our brothers and sisters in Christ through Baptism.

So why are these Scrutiny readings so important? The themes of the Year A readings speak very strongly about the purification and redemption that the Elect are to spiritually undergo. The first Scrutiny (on the Third Sunday of Lent) presents to the Elect the Gospel of the Samaritan woman at the well with the strong theme of living water. The second Scrutiny (on the Fourth Sunday of Lent) presents to the Elect the Gospel of the man born blind and the very relevant theme of Christ as the light of the world. The third Scrutiny (on the Fifth Sunday of Lent) presents to the Elect the Gospel of the raising of Lazarus and the unmistakable theme of resurrection and life. From the first to the final scrutiny, the Elect should progress in their perception of sin and their desire for salvation. Our duty is to unite with the Elect, contemplating these themes and praying for their conversion and enlightenment by Jesus Christ.

## CATECHESIS ON LENT

*Mrs. Santa Fernandez*



We are very happy because in the religious education program there are 5 young people who will celebrate the Sacraments of Initiation at the Easter Vigil and they will also have to go through the Rites mentioned in the article by Father Galles, before celebrating the Sacraments.

What is it for us to do as a family of these young people and parishioners of the cathedral during Lent?

One way to grow in the Lord is to observe penitential practices that strengthen us to resist temptation, allow us to express our sorrow for the sins we have committed, and help us repair our relationship with God.

Jesus, in the Gospel of Matthew, calls us to pray, fast and give alms: "When you pray, do not do like the hypocrites", "when you fast, do not make a sad face", "when you give alms, your left hand should

not know what your right hand does" (Mt 6:5, 16, 3, respectively). As a Church, we must reflect deeply on the three spiritual exercises identified by Jesus.

**1. Prayer,** the process of hearing and responding to God's daily call, sustains and nurtures our relationship with our Triune God: Father, Son, and Holy Spirit. Without prayer, personally and in community, this relationship diminishes, sometimes to the point of complete silence on our part.

**2. Fasting,** a very special form of penance, has been a constant part of our Catholic tradition and helps us put our minds in order. With fasting and self-renunciation, leading moderate lives, we have more energy to consecrate ourselves to God's purposes and a better self-esteem that helps us feel more interested in the welfare of others.

**3. Alms,** Jesus was always concerned about the poor and needy. Being a disciple of Christ means leading a life of charity and leading a well-managed life, making a generous donation of our time, talent and treasure.

# PARISH UPDATES

## SPECIAL COLLECTIONS

- Aid to Global Churches, March 5-6
- Together As One [Spanish Only], March 12-13
- Building Maintenance Fund, March 19-20.

## SCHEDULE CHANGES IN MARCH

- Tuesday, March 1, No Confessions or evening Mass in Spanish due to Deanery Meeting
- Wednesday, March 2, No Confessions due to additional Masses
- Thursday, March 3, No Masses due to clergy meeting in Storm Lake.

## BUSY PERSONS LUNCH

This month we will not have our busy person lunch on the first Wednesday of the month, but we'll offer one every Friday of Lent, starting March 4. We hope you can join us.

## THE LIGHT IS ON FOR YOU

On March 8 we are leaving the light on for you! We will hear confessions at all three churches from 5 to 7pm, or until the last penitential leaves.

## LADIES LUNCH

Thursday, March 17 at 1pm at Bob Roe's Point After.

## THE FINANCIAL CORNER

INCOME		January 2022
Weekly Offerings	\$	57,634.00
Loose Offerings	\$	18,901.97
Prog. Support	\$	8,483.00
Other income	\$	35,579.45
<b>Total Parish Income</b>	<b>\$</b>	<b>124,631.78</b>
EXPENSE		
Salaries & Wages	\$	36,216.85
Administrative Expenses	\$	10,401.73
Ministry Expenses	\$	4,893.70
Utility Bills & Repairs	\$	16,428.88
Assessments	\$	37,958.00
Other Expenses	\$	3,539.51
<b>Total Expenses</b>	<b>\$</b>	<b>109,438.67</b>
<b>NET INCOME</b>	<b>\$</b>	<b>15,193.11</b>

## ORGAN RECITAL AT THE CATHEDRAL



The Cathedral of the Epiphany in Sioux City is pleased to host Gail Archer in an organ recital of Polish organ literature on March 20 at 3 pm. The recital is free and open to the public and will be held in the Cathedral at 1000 Douglas Street in Sioux City, Iowa. Gail Archer is an international concert organist, recording artist, choral conductor and lecturer who draws attention to composer anniversaries or musical themes with her annual recital series. Ms. Archer was the first American woman to play the complete works of Olivier Messiaen for the centennial of the composer's birth in 2008. She is the founder of Musforum, an international network for women organists to promote and affirm their work. In addition, Ms. Archer is college organist at Vassar College, director of the music program at Barnard College, Columbia University, and a faculty member of Harriman Institute, Columbia University. She is also the artistic director of the artist and young artist recital series at historic Central Synagogue in New York City.

## APRIL NEWSLETTER

The deadline to submit items is March 15.

## KNIGHTS CORNER



- **Annual Membership Dues** – Reminder to pay the annual membership dues for 2022.

- **Parish Breakfast 1<sup>st</sup> Sundays** – Next breakfast on Sunday March 6<sup>th</sup> at 9 – 11:30 am in the Cathedral Hall.

- **Monthly Meeting 2<sup>nd</sup> Thursdays** - Next meeting March 10<sup>th</sup> at 7 pm in the Cathedral Hall. Dinner included.

- **Can/ Bottle Drive 4<sup>th</sup> Saturdays** – Please donate empty & uncrushed cans/ soda bottles on March 26<sup>th</sup> from 9 am – 4 pm at 11 drop off locations across Sioux City. Proceeds to Camp High Hopes & Food Bank of Siouxland.

- **Weekly Prolife Rosary** – Outside Mary's Choice/ Planned Parenthood Wednesdays at 11 am.

- **Wooden Plaques** – We continue to make and sell our Christian themed wooden plaques. 25% of the sale price goes to the parish.

**Phone:** Gregg 712-635-1966; **Email:** [KofC743USA@gmail.com](mailto:KofC743USA@gmail.com); **Facebook Page:** "Knights of Columbus Council 743 USA"



## Cathedral of the Epiphany

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# Cathedral of the Epiphany

Very Rev. J. David Esquiliano, JCL, *Rector*  
Rev. Andrew Galles, *Parochial Vicar*  
Rev. Jeremy Wind, *Parochial Vicar*

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### MASS SCHEDULE

**MON.-SAT.:** 12:00 pm Cathedral *English*  
**MON.-FRI.:** 5:30 pm Cathedral *Spanish*

**SATURDAY:** 4:00 pm St. Boniface *English*  
6:00 pm Cathedral *Spanish*

**SUNDAY:** 8:30 am Cathedral *Spanish*  
8:30 am St. Joseph *English*  
8:30 am St. Boniface *Latin*  
10:00 am Cathedral *English*  
10:30 am St. Boniface *Spanish*  
12:00 pm Cathedral *Spanish*  
12:30 pm St. Joseph *Vietnamese*

**HOLIDAYS:** 9:00 am Cathedral *Bilingual*

### HOLY DAYS OF OBLIGATION

**ANTICIPATED / VIGIL:**  
5:30 pm St. Boniface *English*  
5:30 pm Cathedral *Spanish*

### THE DAY OF THE SOLEMNITY:

7:00 am St. Joseph *English*  
12:00 pm Cathedral *English*  
5:30 pm Cathedral *Spanish*

### EUCCHARISTIC ADORATION

**Perpetual Adoration**  
Adoration Chapel - Epiphany Center

### CONFESSIONS

**SUNDAY:** 8:00 am-8:20 am Cathedral  
8:00 am-8:20 am St. Joseph  
8:00 am-8:20 am St. Boniface

**MON.-FRI.:** 4:30 pm-5:15 pm Cathedral

**FRIDAY:** 11:30 am-11:50 am Cathedral

**SATURDAY:** 3:00 pm-3:45 pm St. Boniface  
5:00 pm-5:45 pm Cathedral

### OFFICE HOURS

**MON., TUE., THUR.:** 10:00 am-4:00 pm  
**WEDNESDAY:** 10:00 am-1:00 pm  
2:00 pm-5:30 pm  
**FRIDAY:** 10:00am-5:30 pm