

What's New Around the Cathedral

Our offices in the Epiphany Center see a constant flow of visitors daily. In order to be more welcoming and better serve you, Lissette, our receptionist, has recently moved from her desk in the first-floor hallway to a more suitable and accessible office space in the lobby. Necessary renovations to this space, once used as a concession stand, were completed by our in-house maintenance team of Joe Lillie, Mike Brockholt, Jerry Reinert, and Don Seamann. These gentlemen combined their decades of experience to make the old space suitable for a modern parish. The result was achieved at minimal cost, and extraordinarily quickly, through the repurposing existing materials, some new floor tile and paint, and plenty of hard work. The Maintenance Department often works behind the scenes at all three of our worship sites to ensure that each campus functions efficiently. We are blessed to be able to call on the decades of experience this team possesses. Please take a moment of your time when you see Joe, Mike, Jerry, or Don to thank them for their continued efforts.



Our offices have been focusing time and energy into many new initiatives. Our revamped website has become more user friendly in providing pertinent information about events and programs. The website has also allowed our families to register for Religious Education classes at their homes at their own convenience, and has made it possible for those attending adult faith formation classes to register online. Finally, we have started the transition to a program for scheduling liturgical ministries that offers the possibility of signing up for preferred days, text and email reminders, as well as the ability to communicate the schedules on an online platform. It is our hope that these changes will help serve parishioners more efficiently and effectively.

In an effort to be more focused on the Cathedral of the Epiphany's ministry as well as conserve resources, the weekly bulletin format has shifted to a more comprehensive monthly parish newsletter. The newsletter will feature articles from our various departments as well as a calendar of events and announcements for the month. Parish tithing will be announced monthly, Mass intentions will be listed in the worship aides, and any other pertinent announcements between monthly newsletters will be available online at www.sccathedral.org.

With the increase of parish membership and the increase of Mass intention requests, please note the updated Mass intention scheduling policy that is included in this month's newsletter.



Cathedral of the Epiphany

1000 Douglas Street, Sioux City, Iowa 51105

Volume I Issue I September 2017



Jan Van Eyck, *The Ghent Altarpiece: Adoration of the Lamb*, 1432, oil on panel

Very Rev. Brent Lingle, Rector
 Rev. Mauro Sanchez, Parochial Vicar
 Rev. Andrew Galles, Parochial Vicar

Website www.sccathedral.org
 Email info@sccathedral.org
 Telephone 712-255-1637

MASS SCHEDULE

Mon-Fri	12:00 pm	Cathedral	English
	5:30 pm	Cathedral	Spanish
Sat-Sun	4:00 pm	St. Boniface	English
	6:00 pm	Cathedral	Spanish
	8:30 am	St. Boniface	Latin
	8:30 am	St. Joseph	English
	10:00 am	Cathedral	English
	10:30 am	St. Boniface	Spanish
	12:00 pm	Cathedral	Spanish
	12:30 pm	St. Joseph	Vietnamese
	1:30 pm	Cathedral	Spanish

CONFESSIONS

Mon-Fri	4:30 - 5:15 pm	Cathedral
Sat	3:00 - 3:45 pm	St. Boniface
	5:00 - 5:45 pm	Cathedral

EUCCHARISTIC ADORATION

Mon	9:00 - 4:00 pm	Cathedral
Tue	5:30 - 6:30 pm	St. Joseph
Thur	6:00 - 7:00 pm	Cathedral

HOLY DAYS OF OBLIGATION

12:00 pm	Cathedral	English
5:30 pm	St. Joseph	English
5:30 pm	Cathedral	Spanish

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Reflections of the Rector

"Rejoice in the Lord always; again I say, rejoice!" These words from Saint Paul's Letter to the Philippians remind us of the joy of the Christian life. It is our vocation as Catholic Christians to bring, in the words of Pope Francis, the joy of the Gospel to everyone. It has now been a year since the pastoral planning process for our parish took effect. We have all experienced a lot of change during this year with the range of

emotions that come from such change. While it has been difficult to lose individual parish identity, one thing continues to be clear to me: we are stronger together than we are apart.

As school gets back in full swing, and the various formation and evangelization programs of the parish gear up for another year, I can feel the excitement of new beginnings and I am looking forward to the various religious education classes, adult formation opportunities, RCIA, youth groups, and liturgical and prayer experiences that the parish is going to be offering throughout this upcoming school year. Our enrollment is up at Bishop Heelan Catholic Schools, the new academic wing of the high school is almost complete and our high school students recently participated in an opening of the year Reconciliation service in the Cathedral. The ladies groups from the various worship sites of the parish recently came together to meet each other and plan how they might come together and work for the good of the parish. Every Thursday we continue to operate a food pantry from the office to serve those in need. There are a lot of good things going on around the parish!

We are also moving forward around the parishes offices. We have relocated the reception area to better serve our parishioners and to greet people when they walk in the main entrance of the Epiphany Center. We are working on improving our internal processes and communication. We have begun to use a new software program to schedule our various volunteers and liturgical ministers. Some of you are already becoming familiar with it. It will give you the flexibility to schedule around your personal schedules and availability. Other parishes that have used the program report greater participation, better attendance, and communication.

The most important thing that we can do as a parish is to remain centered and focused on the Eucharist. Everything we do in the parish flows from the Eucharist and leads us back to it. I leave you with the words of Saint Paul to the Ephesians, "I, too, hearing of your faith in the Lord Jesus and of your love for all the holy ones, do not cease giving thanks for you, remembering you in my prayers."

In Christ,
Fr. Lingle

Please visit us at: www.sccathedral.org



Matthew's Music Notes

WHY WE SING

God bestowed on his people the gift of song. Indeed, God is present whenever his people sing his praises. A cry from deep within our being, music is a way for God to lead us to the realm of higher things. St. Augustine says, "Singing is for the one who loves." Therefore, music is a sign of God's love for us, a gift from heaven for us here on earth; a gift we take with us when we go to heaven. By its very nature, song has both an individual and communal dimension. This helps to understand why singing together in church expresses so well the sacramental presence of God to his people.

WHO CAN SING

Everyone can sing. Yes, even you. Many people who love to sing but feel they are lacking in talent will relegate themselves to singing along with the radio or only with an audience of shampoo and conditioner bottles. For worshippers, singing is not something we do merely for enjoyment nor is it something we do to feel close to God. It's a sacred discipline, an omnipresent theme in Holy Scripture. Simply put, we sing because we are called to sing.

WHAT WE SING

Aside from the parts of the Mass that are always present (the Kyrie, Glory to God, etc.) we have many options for communal singing. Along with the Church's vast patrimony of music, there are psalms, antiphons, and other liturgical songs. These can be sung by all, in alternation with the choir/cantor, or by the choir alone.

So, pick up a worship aid when you come to Mass and, if you've not sung at Mass in a while, you'll find it will help you to find your voice again.

Matthew Geerlings
Director of Sacred Music

New Evangelization & Catechesis with Karmen Darwin



At the catechist in-service on August 28, Fr. Lingle offered reflections on the role of the Eucharist in catechesis. In his presentation, he called to mind the words of the Second Vatican Council that Eucharist is, "the source and summit of the Christian life" to acknowledge that all of our ministries and activities at the Cathedral ought to be rooted in and directed to the Eucharist (*Lumen Gentium* 11). This month, our Religious Education, Adult Faith Formation classes, and youth group sessions will begin, and a new group of catechumens and candidates will begin the process of the Rite of Christian Initiation for Adults. In keeping with the desires of the Church, these programs will strive to have the Eucharist at their heart. The youth group will pray in Eucharistic Adoration and serve our parish's liturgies with the formation that they received at *One Bread, One Cup*. The faith formation study, "Eucharist: Discovering the Mass in the Bible" will provide an opportunity for the young adults and adults of our parish to deepen their love and devotion to the Eucharist. The catechumens will be invited to prepare for receiving the Eucharist. Finally, it is our hope that the youth in our Religious Education program will continue to discover the immense graces of the Blessed Sacrament. As we consider the many parishioners going through these programs, it is appropriate for each of us to reflect on our love and devotion to the Eucharist and challenge ourselves, and our families, to more deeply devote ourselves to the Blessed Sacrament.

One Bread, One Cup Youth Liturgical Conference



From left to right: Abby, Brianna, Maria, Fr. Lingle, Jose, Karmen, and Armando.

In July, Fr. Lingle, Karmen Darwin, and five high school youth from the Cathedral traveled to Conception Abbey in Missouri to attend the *One Bread, One Cup* liturgical leadership conference. Our youth joined 60 other high school students from across the country in forming a Catholic community focused on Word, Sacrament, and Mission. The group gathered each day to listen to presentations, attend formation sessions, pray the Liturgy of the Hours, and attend Mass. During the liturgies and prayer times, the youth from the Cathedral served in the various ministries. Jose Perez served as master of ceremonies and altar server, Maria Mata was one of the instrumentalists who assisted with music, and Brianna Martinez helped lead chant during the Liturgy of the Hours. Armando Gonzalez helped lead devotional prayers such as the Rosary and Chaplet of Divine Mercy and Abby Marquez gave witness talks to those gathered at the conference based on Sacred Scripture and her life experience. This week of prayer and formation prepared the youth to serve their parish community while helping them grow closer to Christ. According to Jose, "At the conference, I felt at home and I felt close to Jesus." His favorite memory is serving at Mass, and he continues to be an altar server at the Cathedral liturgies. Abby grew in confidence in speaking about the Word of God, and recently offered a reflection on the Eucharist to the Cathedral's catechists. Maria's favorite memory was praying in Adoration, and she also enjoyed forming friendships with the other musicians. The presentations also inspired her: "I grew spiritually by being empowered to return to prayer and speak up about my religion."



The participants enjoyed attending the presentations.



The participants meet Abbot Benedict Neenan, OSB.



Steve Angrisano lead some sessions.



The participants enjoyed playing UNO with the Abbot.