

ANNOUNCEMENTS

July 24: Adoration 9 am - 4 pm at Cathedral.

July 25: Adoration 5:30-6:30 pm at St. Joseph

July 26: Epiphany Center Office Closed 1-2pm

July 28-30: Rachel's Vineyard Retreat in Carroll, IA. Call 7129435550 if interested.

August 4: First Friday Lunch 11am – 1pm at St. Boniface Center

August 6: First Sunday Breakfast 7:30am-12pm at St. Boniface Center

FATIMA CONFERENCE

Time is running out. Early registration for the Fatima Conference at the Sioux City Convention Center on August 5th is still available at **Trinity Heights Queen of Peace** for another week. \$25 fee includes lunch. On-site registration begins at 8:00 A.M. day of the conference. Program begins at 9:00 A.M. For more information call 712-239-8670.

RACHEL'S VINEYARD RETREAT

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and nonjudgmental environment where women and men can express, release and reconcile painful post abortive emotions to begin the process of restoration, renewal and healing. Cost is \$200 per person which includes food & lodging. Please call 712 943 5550 if interested and for more info.

RESERVING EVENTS AT CATHEDRAL LOCATIONS

All Cathedral building usages need to be booked on the Calendar with Lissette in the office. Please call the parish office at 255-1637 and make sure your event is on the calendar before any meetings are allowed at any of the Cathedral locations. Thank you!

SENIOR COMPANION

Would you like to make a difference for other adults in your community? If you are 55 or better, the Senior Companion Program would love to help you get started! Volunteer benefits are available. Senior Companion volunteers work with adults one-on-one to help them maintain their independence in their own homes through visiting and assistance. Be that friend and companion to someone who can use your support to improve their quality of life. For more information about being a volunteer or receiving Senior Companion services, please contact the nearest Senior Companion office at 712-476-2628 or 712-224-2610, or view their website www.rvrseniorvolunteerprograms.org